FORT MASON CENTER

April

EARTH DAY '80

The Fort Mason Center will launch San Francisco's Earth Day '80 festivities with an Environmental Exposition "The Quiet Crisis." From Saturday morning, April 19th, to Sunday evening, April 20th, this exposition will feature a wide array of demonstrations and exhibits, speakers, films, educational programs, and entertainment.

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY.

This monthly calendar supported in part by a grant from the San Francisco Foundation.

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Join Us

DID YOU KNOW...

that Fort Mason Foundation is not a part of the National Park Service and does not get money to operate from them?

Did you know that behind Fort Mason are hundreds of individuals like you who believe in the ideal of free and low-cost programs responsive to people's interests and needs?

Open this calendar! See the opportunities here for you and then help us!

BECOME A FRIEND OF THE FORT —

Your financial assistance will help us to continue our transformation of this old fort into lively theatre, galleries, music halls, offices and classrooms. And your involvement in events and programs at the Center will help fulfill the possibilities of this unique project on San Francisco's waterfront.

AS A FRIEND WE CAN OFFER YOU:

- our monthly calendar of events
- discounts on other events such as: Pacific States Crafts Fair Street Sweepers Ball
- special openings or Friends' previews

To receive discounts you will need to show your membership card.

Name_____ TYPE OF FRIEND:

Address_____

☐☐☐	Family	$ 25.00
☐☐☐	Individual	15.00
☐☐☐	Senior/Student	7.50
☐☐☐	Sponsor	100.00
☐☐☐	Patron	500.00
☐☐☐	Benefactor	1,000.00
☐☐☐	Corporate	500.00

City_____ State_____

Zip_____ Phone:Area Code_____

Checks payable to: FORT MASON FOUNDATION
All contributions are tax-deductible.
For further information, please call (415) 441-5706
FORT MASON, Bldg. A, San Francisco, CA 94123

Thank You!

The Fort Mason Foundation gratefully acknowledges contributions received from the following foundation, corporate and government donors:

California Arts Council
Columbia Foundation
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Coming Attractions

KQED Auction, Pier 3, May-June
Sports Car Ralley, May 5–8
Children's Festival, May 30–June 1
Folk Festival, June 7–8
Indian Arts Fest, June 20–22
Pickle Family Circus, July
Ray Jason Show, July
Pacific States Crafts, Aug. 7–10

Notices

Daily recorded messages of Fort Mason Activities & Events: 441-5705

AM/FM RECYCLING. Jane Olsen. Newspaper-loose newspaper. **NO** cardboard, **NO** magazines. Tin & aluminum, clean & flattened. Glass-all colors, caps removed. Phonebooks—covers & binding removed. **2nd & 4th Saturday of every month,** 9 AM–2 PM, South end of Bldg. A, outside. 387-3044

HANDICAPPED. Ft. Mason can make arrangements for the handicapped if notified in advance. Ramps & elevators are available. Call 441-5706.

NEW ENTRANCE. Construction of the new sewer system now blocks our old entrance. Enter at Marina & Buchanan; one block west of Laguna Street.

Ft Mason Volunteers. Interested in special projects? Looking for a little something different? Contact: Douglas McKeechnie at 441-5706.

Fort Mason Foundation
Laguna and Marina Blvd.
San Francisco, CA 94123

Non-Profit Organization
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Russell Hartley, Director
Archives for the Performing Arts
Presidio Branch, S.F. Public Library
3150 Sacramento
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FREE PARKING AVAILABLE. MUNI lines 22, 28, 30 & 47 run near Fort Mason (see map).

Events At A Glance

SPECIAL EVENTS
Sri Chinmoy, 4/4
Kabbies for Kennedy, 4/5
Aspects of Relationships, 4/5
Bay Area Mime Festival, 4/7,8,9
Laotian New Year Celebration, 4/11
Women of Ancient Mythology, 4/12
KYA 2nd Annual Garage Sale, 4/12,13
OMing for World Peace, 4/13,20,27
Hospital Audiences, Dance, 4/18
Earth Days, 4/19,20
Prop. #9 & Health in California, 4/26
3 Mile Island Party (PTC), 4/30

PERFORMING ARTS
Magic Theatre, **Charles the Irrelevant,** 4/2
Plowshares—**J.C. Burris,** 4/3
PTC—**Female Transport,** 4/3
Magic Theatre—**All Night Long,** 4/3
Poetry Film Theatre **Series Eight,** 4/4
JAZZ, **Larry Blackshere Trio,** 4/6
Plowshares—**Debby McClatchy,** 4/6
Songwriters Wkshp, 4/8
Plowshares—**Randy Wilson,** 4/10
Bay Area Free Music Festival, 4/11,12
Of course I talk to myself, 4/11
Balinese Puppet Theatre, 4/12
Plowshares—**Louisiana Playboys,** 4/13
JAZZ—**Jesse Foster,** 4/13
Plowshares—**Hurricane Ridge Runners,** 4/17
Poetry Film Theatre—**Series Ten,** 4/18
Evening of Near Eastern Music, 4/19
Chamber Theatre, 4/19
Improvisational Theatre Wkshp, 4/19
Sing Your Heart Open, 4/19
Plowshares—**Robin Flower,** 4/20
JAZZ—**Glen Cronkhite Quartet,** 4/20
Black Theatre Movement, 4/21
Staged Readings, **Playwrights UnLTD.,** 4/22
Plowshares—**Dick Oxtot & Band,** 4/24
Irish Country Dance, 4/25
Poetry Film Screening, 4/25
Vocal Workshop, 4/26
Music & Dance of the Congo, 4/26
Plowshares—**Guy Carawan,** 4/27
JAZZ—**Weslia Whitfield,** 4/27
Staged Readings—**Buffalo Prod.,** 4/29

VISUAL ARTS & MEDIA
Creating Effective Newsletter, 4/7
Film Screening, 4/11
Explore Visual Relationships, 4/12
Drawing Marathon, 4/19
Elements of Writing, 4/21
Media Alliance Gen. Mtg., 4/22
Breaking into Freelance Photog., 4/23
Fundraising for Community Groups, 4/26
Postcard Club—General Meeting, 4/27
Breaking into Broadcasting, 4/30

HEALTH & RECREATION
Ski Patrol—Open meeting, 4/1
Aerobic Conditioning, 4/13

ENVIRONMENTAL EVENTS
Radiothon Party—Greenpeace, 4/7
Greenpeace Membership Night, 4/8
Backpacking Nutrition, 4/10
Wildlife Rehabilitation, 4/12
River's Up-Wilderness 1st Aid, 4/15,17
Whales & California's Wildlife, 4/22
Tektite Society Meeting, 4/25

LECTURES & SEMINARS
Biz Organ., Trademarks & Copyright, 4/2
Underwater Photo Society Mtg., 4/4
Physical Theatre, 4/7
Mental Health of Devel. Disabled, 4/11
Shambhala Training Meditation Talk, 4/11
Shambhala Training Wknd, 4/12,13
Psychic Effects of Sound on Humans, 4/13
Female Transport—PTC, 4/14
How to make a Recording Session Work, 4/17
Private Adoption, 4/19
Interviewing Techniques, 4/19
Self-Esteem Workshop, 4/20
African Dance & Drum Wkshp, 4/26
Fat Liberation Workshop, 4/26
Discover your Creative Potential, 4/26
Traditional Chinese Acupuncture, 4/27
Teacher Training Workshop, 4/29

CHILDREN'S EVENTS
Astral Zap Transit Storytelling, 4/12

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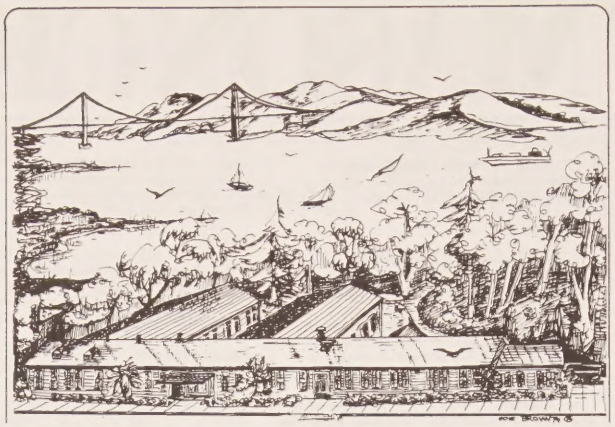

International Hostel Opens At Last

The San Francisco International Hostel opens its doors April 1st, the culmination of a twenty-year dream and an eight-year effort. A group of dedicated friends and supporters realized this dream, which is located in Building 240 (a former Civil War, vintage Army barracks-dispensary) on the upper level of Fort Mason, three blocks inside the Franklin-Bay Street park entrance.

The hostel will provide San Francisco with friendly, safe, low-cost, self-help overnight lodgings for educational travelers and explorers. Dormitory and family room accomodations are available on a first-come, first-served basis; or by advance reservation accompanied by first night's fee.

The hostel has 130 beds costing $4-6 per night, fully-equipped cooking and recreational facilities, spacious commons rooms, bathrooms and showers, bicycle, backpack, and luggage storage room. Because of funding problems, the opening of the kitchens and dining facilities, laundry room, game room, and some dormitory rooms will be delayed for a few weeks. By summer all these facilities should be in full operation.

The Fort Mason Hostel is part of a national and international hostel federation of 5000 hostels in 50 countries, all in the effort of promoting worldly travel and exploration as well as understanding of the world and its people.

The San Francisco International Hostel will be a major link of a planned 38-hostel California Coastal Hostel chain, stretching from Oregon to the Mexican border. Other coastal hostel links already operating are the Point Reyes Hostel, within the Point Reyes National Seashore; the Golden Gate Hostel in the Marin headlands. In the planning stage are hostels at Tamalpais; Point Montara and Pigeon Point Lighthouses, and Santa Cruz.

For information and reservations, contact: San Francisco International Hostel, Building 240, Fort Mason, San Francisco, CA 94123. (415) 771-7277.

PTC's Female Transport, 4/3-5/4

People's Theatre School

PTC Theatre School

The People's Theater School, as part of People's Theater Coalition, will offer a ten-week session (April 7th-June 15th) that includes classes in Acting, Movement, Dance, Mime, Voice, and Writing.

The intention of the school is to give high quality, professional instruction to those who wish to learn and or improve their theater skills. On March 16th, PTS is holding an all-day, **free** session from 9:30-5:30 in the Marina Theater, during which you will be able to meet and take a class from any instructor. For further information on the school, call 776-8999.

Residents Directory

Fort Mason Center houses over forty resident organizations. These groups can provide you with information on the recording business, dance, broadcasting, theatre, river rafting, marine ecosystems, printmaking, copyrights, boatbuilding, freelance writing and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups. A complete list of residents appears below.

BLDG. A
Ace Mailing (771-6280)
Fort Mason Foundation (441-5706)
SFMMA Rental Gallery (441-4777)
Greens Restaurant (771-6222)
Tassajara Bread Bakery 2 (771-6330)

BLDG. B
Accountants for the Public Interest (885-3306)
Bay Area Lawyers for the Arts (775-7200)
CAC/NEA Dance Touring Program (346-1062)
Fort Mason Art Center (Community College) (776-8247)
The Fund for Animals (474-4020)
Marina Theatre-People's Theatre Coalition (776-8999)
S.F. Chess Club (981-4484)
World Print Council (776-9200)

BLDG. C
American Adventure Play Association (673-9949)
Bay Area Energy Action (673-6786)
Ensemble of Stanislavski Theatre Artists (775-1533)
Environmental Action Clearinghouse (474-5080)
Environmental Traveling Companions (474-7662)
Friends of the River (771-0400)
Friends of the S.F. Public Library (558-3770)
Hospital Audiences, Inc. (776-9171)
Music By the Bay (474-5600)
Perception Gallery (776-0347)
S.F. Bay Area Dance Coalition (673-8172)
S.F. Central Y.M.C.AS. (885-0460)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center (441-8910)
Center for World Music (285-2034)
Yacht Racing Assn. of S.F. Bay (771-9500)

BLDG. D
Artists in Print (673-6941)
Blue Bear School of Music (673-3600)
Graphic Artists Guild West (673-6944)
Magic Theatre (441-8001)
Marina Music Hall (441-5706)
Media Alliance (441-2557)
Musicians Performing Arts (585-9987)
S.F. Arts & Letters Foundation (771-6711)
S.F. Theatre/TV Workshop (441-8922)
Poetry Film Workshop (921-4470)
Western Public Radio (771-1161)

BLDG E.
Bodega Bay Institute (776-4449)
Feedback Productions (776-8477)
Greenpeace Foundation (474-6767)
Lifeline Marine Research (775-6497)
Oceanic Society (441-5970)

BLDG. F
Meristem (776-8580)

BLDG. 240
American Youth Hostel (771-4646)

The Fort Mason Foundation, a privately-funded nonprofit organization, is engaged in renovating surplus military buildings at Fort Mason, headquarters of the Golden Gate National Recreation Area. The Foundation administers Fort Mason Center which is located on the Bay between Aquatic Park and the Marina Green. In less than three years, the Center has become a national model for low-cost community-responsive urban parks.

We invite you to bring your conferences, classes, performances, meetings or benefits to Fort Mason. Space for suitable activities is available for a nominal daily or hourly fee. Enjoy the pleasure of teaching, working, or performing in this unusual national park location. Call 441-5706 for booking appointments and information.

STAFF
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To reach the STAFF: 441-5706, M-F, 9-5

FORT MASON CENTER

April 1980

To rule, truly, is to serve.

All events are presented through the cooperation of Fort Mason Foundation and the Golden Gate National Recreation Area. Visit Fort Mason Center, Laguna and Marina Blvds., S.F. 94123. 441-5705.

TUESDAY

1 **APRIL FOOL'S DAY.** To err is human, to really foul up requires a computer.

In springtime when thunder, life energy, begins to move again under the heavens, everything sprouts and grows, and all beings receive from the creative activity of nature the childlike innocence of their original state. So it is with the good rulers of mankind: drawing on the spiritual wealth at their command, they take care of all forms of life and all forms of culture and do everything to further them, and at the proper time.
I CHING

S.F. Ski Patrol Open Meeting. Annual Elections. No program scheduled. 7–10 PM, Bldg. C **Free** 768-2242

WEDNESDAY

2 **Business Organization, Trademarks & Copyrights.** 2 attorneys discuss different forms of organizations—geared to filmakers but relevant to any artist or sm. biz. 8–10 PM, Bldg. E, **Free** 495-7949

Magic Theatre Preview of Martin Epstein's **Charles the Irrelevant.** A comic romance in which Love, the Mysteries of Creation, and a Modern American Family battle it out for the nobel prize, or its hairy equivalent. Preview thru **Sat.,** opens 4/10 thru 5/25 8:30 PM, Bldg. D, $6/$5, 885-9928

THURSDAY

3 **Magic Theatre's** ALL NIGHT LONG, a humorous yet frightening look at love and dependence in the American family. Thurs. thru Sun., thru April 20. 8:30 PM, Bldg. D, $6/$5 885-9928

People's Theatre Coalition presents the OPENING NITE of Steve Gooch's **FEMALE TRANSPORT.** Concerns the transportation of 6 women convicts from England to Australia in 1807. Directed by Richard Seyd. 8 PM, Bldg. B, $4/$3 matinee + PAS. Runs thru 5/4. 776-8999

Plowshares presents **J.C. Burris,** Blues, rhythm & hambone, tap-dancing puppets. *7:30–10:30 PM, Bldg. C,* $2.50/PAS 441-8910

Magic, **Charles the Irrelevant,** See 4/2

FRIDAY

4 **SRI CHINMOY:** A PROFILE. a multi-media presentation of the music and art of Sri Chinmoy. 8 PM, Bldg. C, **FREE** 861-4148

Poetry Film Theatre-**Series 8.** Top award winners of 5 Festivals, 1975–80. 8 PM, Bldg. D, $2, 921-4470

Underwater Photo Society's Monthly Mtg. Slides & Film from all over the world. 7:30–10 PM, Bldg. C, **Free** 237-2207

Magic's **ALL NIGHT LONG,** See 4/3
PTC's **FEMALE TRANSPORT,** See 4/3
Magic's **CHARLES THE IRRELEVANT,** See 4/2

SATURDAY

5 **Kabbies for Kennedy—Benefit** dinner and performance. Rock, Jazz & Lasagna. 7 PM, Bldg. C. $5. 775-1755

Sight & Insight presents **Aspects of Relationships:** Interpretations on a theme in art, music & poetry. Exhibit & Perf. 5–8 PM, Bldg. C, **Free** 332-3909

Magic's **ALL NIGHT LONG,** See 4/3
PTC's **FEMALE TRANSPORT,** See 4/3
Magic's **CHARLES THE IRRELEVANT,** See 4/2

SUNDAY

6 **JAZZ** on Sunday, co-sponsored by City Celebrations & Ft. Mason Foundation presents **LARRY BLACKSHERE TRIO,** electric & traditional jazz w/classical style. 2–4 PM, Bldg. C, $2/PAS 552-4387

Plowshares presents **DEBBY McCLATCHY,** Old-time, goodtime, guitar, banjo, dulcimer, Uke-o-lin. World Tour sendoff. 7:30 PM, Bldg. C, $2.50/PAS 441-8910

Magic's **ALL NIGHT LONG,** See 4/3
PTC's **FEMALE TRANSPORT,** See 4/3

MONDAY

7 **BAY AREA MIME FESTIVAL.** Bay Area performers from classical to experimental–Video, film, Masks, puppets, etc–endless variety. **Mon.,** 8–10 PM, Bldg. B, $2/$1 **Tues.,** 1–10 PM, Bldg. B, $2/$1 **Wed.,** 8–10 PM, Bldg. B, $2/$1 635-2853

Creating Effective Newsletters. 2nd of 3 evenings by Media Alliance & Linda Nanfria, publisher & instructor. 6:30–9 PM, $48/$36 441-2557

Greenpeace, **Radiothon Thankyou Party** 7 PM, Bldg. E., **FREE** 474-6767

PTC presents **Physical Theatre** with Ed Holmes and friends. Be the 1st on your block. 8 PM, Bldg. B, $2 776-8999

TUESDAY

8 **Greenpeace Membership Night.** This month's program will discuss the International Whaling Commission. 7 PM. Bldg. E, 474-6767

Songwriters Resources & Services presents SONG EVALUATION wkshp. Bring guitar or tape & 10 copies of lyrics. Pat & Pete Luboff 6–10 PM, Bldg. C, **Free** (213) 463-7178

Bay Area Mime Festival, 1–10 PM, See 4/7

Bay Area Free Music Festival, G.A.E.B. 4/11

WEDNESDAY

9 **Bay Area Mime Festival,** 8–10 PM, See 4/7

THURSDAY

10 **Backpacking Nutrition.** Learn nutritional guidelines, menus, recipes—tips on prep. 7–10 PM, Bldg. B, $1 652-0474

Plowshares presents **Randy Wilson & Horsin' Around.** Two of the best bluegrassers. 7:30 PM, Bldg. C, $2.50/PAS 441-8910

Magic's **Charles the Irrelevant,** Opening Night, See 4/2
Magic's **All Night Long,** See 4/3
PTC's **Female Transport,** See 4/3

FRIDAY

11 **Laotian New Year Celebration.** Classical Laotian dance, Mong & Sword Dance. 5 PM–Midnight, Bldg. C, $2 431-3500

Poetry Film Theatre: Using captions and hypnotic visuals. Screening with wine, etc. 8–10 PM, Bldg. D, $2 921-4470

Meeting the Mental Health Needs of the Developmentally Disabled. Upgrading systems of service. Assess community resources. C.E. Credit 6 hrs. 8:30 AM–4:30 PM, Bldg. C, **Free** 540-2601

Shambhala Training Meditation Intro. Talk. Gentleness & Vulnerability Thru Meditation. 8–10 PM, Bldg. C, **FREE** 841-6475/567-4610

BAY AREA FREE MUSIC FESTIVAL. Jazz & Experimental music. Last two days. Shedoni, Elastic Ensemble, Vinny Golia, Lon Raskin, Dickie Dworkin, and many more. **FREE!!!** Today, 7-11 PM, Bldg. C, 863-7261

Of Course I Talk To Myself. A blend of Poetry, Music & Movement. Based on the writings of Ronda Slater. Funny, moving, delightful, slightly raunchy feminist revue. 8-10 PM, Bldg. D, $3, 387-5264

PTC's **Female Transport.** See 4/3
Magic's **Charles the Irrelevant,** See 4/2
Magic's **All Night Long,** See 4/3

SATURDAY

12 **Images of Power: Women of Ancient Mythology.** One day wkshp to reclaim our ancient symbols of strength, explore new directions. 12–5 PM, Bldg. C, $20, 548-5428

Balinese Puppet Theatre—Center for World Music presents authentic Wayang Kulit. 8–10 PM, Bldg. C, $4/$3 285-2034

Explore Visual Relationships thru Monoprints at Perception Gallery. w/Karen Cox & Hannah Stone. All Day, Bldg. C, **Free** 332-3909

Wildlife Rehabilitation. Meet people who rescue & heal injured wildlife. Fund for Animals 10–12 AM. Bldg. B, **Free** 474-4020

Astral Zap Transit Storytelling Theatre. Kids 6 to 60. Friends of the Library. 3 PM, Bldg. C, **Free** 558-3770

2nd Annual World's Largest Indoor Garage Sale!!. KYA presents 225 community organizations with Junque for sale. Pier 2, TWO BIG DAYS. Help, Support. 9:30–4:30 Pier 2, **Free** 391-1260

BAY AREA FREE MUSIC FESTIVAL, See 4/11
Magic's **All Night Long,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2
PTC's **Female Transport,** See 4/3
Of Course I Talk To Myself, See 4/11

SUNDAY

13 **Aerobic Conditioning.** Wkshp w/ Mary Fischer. For active people to correct or complete their present approach to staying fit. Noon–2 PM, Bldg. C, **Free** 775-8229

Plowshares presents **Louisiana Playboys.** Hot Cajun swing/jazz/pop. The real thing! 7:30 PM, Bldg. C, $2.50/PAS 441-8910

Psychic Effects of Sound on Humans. Eric Lichtman. Lect. on healing & interspecies communication. Also 5/10. 10 AM, Bldg. E, $10. 421-9270

JAZZ on Sunday. Jesse Foster & Mark Little Jazz vocals & piano. Exper. Improv. HOT! 2–4 PM, Bldg. D, $2/PAS 658-7493

OMing for World Peace. A unique event. Music, Dance, Multi-media. Refresh. 6 PM, Bldg. C, $2 dona. 924-5871

2nd Annual World's Largest Indoor Garage Sale. KYA. Bargains Galore! See 4/12

Magic's **All Night Long,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2
PTC's **Female Transport,** See 4/3
Of Course I Talk To Myself, See 4/11

MONDAY

14 **PTC's Monday Nite Forum.** Discussion, post–**FEMALE TRANSPORT** performance. Involvement! 8 PM, Bldg. B, $4/PAS + $1 776-8999

TUESDAY

15 **River's Up!!** Wilderness 1st Aid & Equip. Patching & Maintenance Refresher. **Friends of the River's** Two day Workshop. (See 4/17) 7–10 PM, Bldg. C, **Free** 771-0400/474-7662

WEDNESDAY

16 This must be everybody's day off.

Mask Theatre, 4/14

THURSDAY

17 **How to Make a Recording Session Work.** Music by the Bay. A panel discussion w/open Q & A period. 7–9:30 PM, Bldg. C, $5/$4MBB mem. 474-5600

Plowshares presents **Hurrican Ridge Runners.** NWestern rural-vocal, banjo, fiddle, guitar. Graham & Gallagher. 7:30 PM, Bldg. C, $2.50/PAS 441-8910

River's Up. 2nd Day. 7–10 PM, See 4/15
PTC's **Female Transport,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2
Magic's **All Night Long,** See 4/3

FRIDAY

18 Hospital Audiences **DANCE!** All clients of Soc. Ser. invited. Live music & refresh. 1:30–3:30 PM Bldg. C, **FREE** 776-9171

Eckankar. **The Illusion of Death.** Intro to spiritual tools to help discover the self as soul in this lifetime. 8:30–9:30 PM, Bldg. C, **Free** 664-0766

Poetry Film Theatre: Series 10. Films based on the senarios of celebrated Poets. Sexton, Patchen, Corso, Leverton, McClure. 8–10 PM, Bldg. D, $2 921-4470

Of Course I Talk To Myself, See 4/11
Magic's **All Night Long,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2
PTC's **Female Transport,** See 4/3

SATURDAY

19 S.F. Models' Guild presents **Drawing Marathon.** All day posing, draped & undraped. 10 AM–5 PM, Bldg. C, $8/$7

RESOLVE presents **Private Adoption.** Atty. Philip Adams gives basic info on adoption. 8–10 PM, Bldg. B, $3/$2 459-2995

Interviewing Skills w/Janet Epp. Learn to strengthen interviewing skills, Employee/Employer compatibility & tech. 9 AM–4 PM, Bldg. C, $35 474-7100

EARTH DAY '80 The Quiet Crisis. This environmental exposition has speakers & films to motivate public to take action. Two days in the Convention Center. 10 AM, Bldg. A-South $3/$1 441-4109

Open Wkshp in Improvisational Theatre. w/Sue Walden. Exercises, games & tech. Create theatre on the spot. 1–4 PM, Bldg. C, $4 771-1046

Sing Your Heart Open w/Laura Rosenblum-Wkshp. Learn to sing. Step out of the shower. All levels welcome. 10–Noon Bldg. E, 524-1559

Creating Effective Newsletter. 3rd of 3 evenings w/Media Alliance. See 4/7

Stanislavski Ensemble presents **Chamber Theatre,** a collection of 1 Act plays & scenes by **Chekhov, Williams, Strenberg, Wilson,** in matinee & eve. Perf. thru 7/6. April Mat. 19 & 26, 3:30 PM, Eve. 7:30 PM. Bldg. C, $4.50/$3.50 Ltd. Seating 775-1533

Of Course I Talk To Myself, See 4/11
PTC's **Female Transport,** See 4/3
Magic's **All Night Long,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2

SUNDAY

20 **Self-Esteem Workshop** w/Sherrill Sampsell. Improve self-concept, develop goals, etc. All Day, Bldg. E, $15. 673-7392/692-6274

JAZZ on Sunday—City Celebrations/Ft. Mason presents **Glen Cronkhite Quartet.** Unique, Lyric Beauty. Original Compositions. 2–4 PM, Bldg. D, $2/PAS 552-4387

Plowshares presents **Robin Flower,** great singing & playing. Trad. & Women's music. 7:30 PM, Bldg. C, $2.50/PAS 441-8910

Stanislavski Ensemble, 7:30 PM. For info call 775-1533. See 4/19

Earth Day '80, See 4/19
Of Course I Talk To Myself. Final Perf. See 4/11
PTC's **Female Transport,** See 4/3
Magic's **All Night Long,** Final Perf. See 4/3
Magic's **Charles the Irrelevant** See 4/2

MONDAY

21 **Elements of Writing.** Media Alliance 3 session workshops. 5/3 & 5/12. Learn to communicate effectively w/words. 6:30 PM, Bldg. D, $30/$22 mem. 441-2557

PTC's **Monday Nite Series:** The Black Theatre Movement. Film by W. King. Traces the rise of Black Theatre. 8 PM, Bldg. B, $2 dona. 776-8999

TUESDAY

22 **Whales & California's Wildlife.** Fund for Animals presents Maxine McCloskey speaking on the latest effort to protect wildlife. 7–9 PM, Bldg. B., **Free** 474-4020

Media Alliance General Meeting. 7:30 PM, Bldg. D, $1 474-4020

PTC presents **Playwrights Unlimited Staged Readings.** Local Playwrights. 8 PM, Bldg. B, **FREE** 776-8999

WEDNESDAY

23 **Breaking into Freelance Photography.** A panel of exper. freelancers share tips & pitfalls w/ aud. Media Alliance. 7:30 PM, Bldg. C, $4/$3 441-2557

THURSDAY

24 Plowshares presents **Dick Oxtot & the Golden Age Jazz Band** w/ **Toni Brown.** Finest group in the Bay Area. Don't miss. 7:30 PM, Bldg. C, $2.50/PAS 441-8910

PTC's **Female Transport,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2

FRIDAY

25 **Irish Country Dance** w/Larry Lynch U.S. Champion Dancer Aud. Participation. Loads of entertainment & dancing. 8–11 PM, Bldg. C, $3.50 386-6437

Tektite Society Meeting. Film presentation. **Silent Warrior,** Sub in Truk lagoon. 8–10 PM, Bldg. C, **FREE** 566-9390

Poetry Film Wkshp. Poetry films from other countries. Israel, Canada & Japan. 8–10 PM, Bldg. D. $2 921-4470

PTC's **Female Transport,** See 4/3
Magic's **Charles the Irrelevant,** See 4/2

SATURDAY

26 UCSF Cont. Ed Health Sciences present **Prop 9 & the Health of Californians.** Pub. symposium on effects of Prop 9. Cost includes a box lunch. Regis. 8–9 AM. 9–5 PM, Bldg. A, $15 666-3904/666-2894

Fundraising for Community Groups. Where is the money? Intro to direct mail, special events & grantsmanship. Media Alliance. 9:30 AM–4:30 PM, Bldg. D $24/$18 mem. 441-2557

Stanislavski Ensemble, **Chamber Theatre.** 1 Acts & Scenes from Chekhov, Williams, Strenberg, Wilson. No. Mat. this wknd. 7:30 PM, Bldg. C $4.50/$3.50 775-1533

Vocal Workshop. Patricia Wynne. Warm-ups, tech., breathing/tone placement, etc. 10–12 AM, Bldg. C, $30/$6 class. 285-2034

Music & Dance of the Congo at Center for World Music. Malonga Casquelourd's Fua Dia Congo + guest artists. Trad. African. 8 PM, Bldg. C, $4/$3 PAS. 285-2034

Fat Liberation w/Alan Dolit author of "You can lose weight." Learn to lose. 10 AM–4 PM, Bldg. C, $18 652-4400ex400

Discover Your Creative Potential. New Arts Foundation presents creative principles to unlock your potential. 10 AM–4 PM, Bldg. C, $20 731-3805

PTC's **Female Transport.** See 4/3
Magic's **Charles the Irrelevant,** See 4/2

Malonga Casquelourd, 4/26

SUNDAY

27 **Traditional Chinese Acupuncture.** 1 day seminar by Prof. J.R. Worsley, founder of Oriental Medical College, England. 9:30 AM, Bldg. A $50 924-8940

Golden Gate Postcard Club Gen. Mtg. Bring your cards. Compare—Brag—Study. 2–4 PM, Bldg. C, **FREE** 283-6584

JAZZ on Sunday—City Celebrations/Ft. Mason presents Weslia Whitfield. Jazz of the 40's & 50's. Ellington, Porter. Piano accomp. by Michael Slaughter. Cool-Sweet. 2 PM, Bldg. D, $2/PAS 681-0655

Plowshares presents **GUY CARAWAN, hammer dulcimer & banjo-singer. Powerful & real. 7:30 PM, Bldg. C, $2.50/PAS 441-8910**

Stanislavski Ensemble, See 4/19
PTC's Female Transport, Final Perf., See 4/3
Magic's **Charles the Irrelevant,** Final Performance, See 4/2
Daylight Savings Time Begins: 02:00 (ahead 1 hr)

MONDAY

28 "Nothing astonishes men so much as common sense and plain dealing." Emerson.

TUESDAY

29 PTC's **Staged Reading by Buffalo Productions** 8 PM, Bldg. B, $1 776-8999

Teacher Training Wkshp w/Performing Arts Wkshp. Elem. Sch. Teachers—Creative Move. Tech. 3:30–5:30 PM, Bldg. C, prepaid. 673-2634

WEDNESDAY

30 **Breaking into Broadcasting.** A panel of radio & T.V. broadcasters tell all & answer questions. Media Alliance. 7:30 PM, Bldg. C, $4/$3 441-2557

People's Theatre Coalition throw a party for all those who attended the 3 Mile Is. Memorial Parade. 7 PM, Bldg. B, **Free** 776-8999

Classes and Workshops

Health & Recreation

Pre-Natal/Post-Natal Exercise. Doctor's permit req'd. Stretching & strengthening, endurance, posture & relaxation. **Mon.** Noon–1 PM, Bldg. C, $12/4 wks, $3.50/1 class. 647-1047

Energetics. Sandy Donegan. An invigorating exercise program incorporating all six factors of physical fitness. Renew your strengths and spirits to this upbeat routine. **Mon. & Wed.,** 8–9 AM & 5–6 PM, Bldg. C, $24/Session 332-9100.

Stop Smoking! SF Dept. of Pub. Health's Center #2. Help identify your smoking patterns & change them. Must register. 6:30–8 PM, Bldg. C, $12, 558-3256 (3/20 thru 5/15).

Let's Move. Sheila & Stephanie Earle, Exercise Fundamentals—Flexibility, strength, endurance. Jazz warm-ups & yoga. **Tues. & Thurs.;** 10 AM–Noon. Wed., 7–9 PM, Bldg. C, $2/class 776-4509.

Motherdance. Gretchen Phillips. Prepare for or rejuvenation from childbirth. Doctor's OK required. Partners invited to evening class. **Mon. & Wed.,** 12:30–2 PM, **Thurs.,** 7–8 PM, **Fri.,** 10–11:30 AM, Bldg. C. $25/10 classes. 885-0460.

Stress Management. How to identify & cope with stress. 8 wk. course beg. 4/23, 8 **Wed.,** 9:30–11 AM, Bldg. C, $4 covers materials. Pre-register at 558-3256.

Aikido Practice. The Meristem Academy welcomes visitors to observe their daily aikido practice. Explore with students some essential movements & principles of this unique body/mind art. Mon.–Fri., 7:30–8:30 AM & 5:30–7:30 PM; Sat. & Sun., 10:30–11:30 AM, Bldg. F, free to observers. Call 776-8580, Mon.–Fri., 9–12 AM.

Dance Movement: To reduce stress, tension & anxiety. Flexibility & balance thru yoga, and other therapeutic exercises. **Mon.** 7:30–9:30 PM, **Sat.,** 11–1 PM, Bldg. C, $5 474-1135.

Jazzercise. Elaine Palmer. A wild & wooly work-out to condition you & lift the spirit. **Tues. & Thurs.,** 5:30–6:15 PM, $20/8 classes $10/4 classes, $3/single. Tues.: Bldg. C, Thurs.: Bldg. E. 245-7463/284-9061 (3/4)

Stress Management/Creativity Enhancement thru meditation and acupress, learn to focus & remove blocks. Creative Catalysts. **Wed., Thurs.** beg. 4/9, 10, 8–11 PM, Bldg. C, $45/5 wk. 665-7648

Synthesis Foundation presents SKILLS FOR LIVING, techniques in guided imagery, low stress communications & decision making. **Tues.** 6–7 PM, Bldg. C, Free 566-9392 (ongoing thru May).

Shaping Up with Helene, for men & women. Warm-up, yoga, aerobic dancing, to HOT music. **Every Sat. Morning. 9:30–10:30 AM Bldg. C, $12/$4 387-2140**

Awareness Through Movement/Feldenkrais Method. Julie Casson. Release habitual patterns of tension. Wear loose clothing. **Tues.** Noon–1 PM, Bldg. C, $32/8 classes. 647-3056 (ongoing)

Hatha Yoga. Continuing Beginning. Carol Cotton of IYTE has taught for 8 years. Her classes are based on the Iyengar method. **Sat.'s** 9–10 AM. $2.75 per class or 4 classes for $10. Bldg. C, 921-1471 (Start 4/12).

Wholistic Fitness. Rene Biba. Aerobic workout, strengthtening & flexibility exercises. Learn to protect your lower back. **Mon, Wed. & Fri.** 9–10 AM, Bldg. C $3/session 665-0890

Sex & Sadism Through the Ages. With Laszlo Szabo. **Sat.'s** in April. Noon–1 PM, Bldg. C, $3. 564-4934

Ballroom Dance. Ernie Haeusslein's popular class for beginners thru advanced. **Tues.** 7–10 PM, Bldg. C, $17 single/$30 couple, $14/$24 mem. YMCA 885-0460

Disco Jazz Dance. Craig Innes teaches the latest free style & partner dancing w/ emphasis on personal style. **Mon.** Beg: 7:30–8:30 PM Bldg. C, $23/$19 mem. 885-0460

Aerobic Conditioning, Mary Fischer. Yoga, dance & calisthenics set to music. **Mon. & Wed.** 6–7:30 PM, **Tues & Thurs;** 8–9 AM & 5:30–7 PM, $4/class or $30/mo. 775-8229

I Can Dance! You Can Dance! High energy, non-trad. approach to dancing. Taped music from Bach to Beatles. **Sat.** 8:30 PM–midnight, Bldg. C, $2 526-8886

Visual Arts & Media

Writing & Media Criticism. Media Alliance. A writer's workshop under the direction of Nora Gallagher, estab. free-lance writer. **10 Thurs.,** 6:30–9 PM, Bldg. D, $85/$70 mem. 441-2557 (3/27 thru 5/29)

Writing Non-Fiction Book Proposals That Sell. Media Alliance workshop w/ Michael Larsen, write an actual book proposal. **4 Sat.,** 3/29, 4/26, 5/24, 6/28. 9:30 AM–12:30 PM, Bldg. D, $48/$36 mem. 441-2557

San Francisco Television Workshops. Membership-operated TV studio with SF Comedy series offering wkshp & classes in local television production. Tour reservations available, Bldg. D, 441-8922.

Movement for Models. Greta Phillips. Instruction to prepare the model for photographic & ramp work. **Thurs.,** 7–8:30 PM, Bldg. C, $25. 885-0460.

Video Programming. Judy Stubblefield. Designing programs, scripts, news-documentary training. For artists, writers, teachers or anyone. Optional 2-hr. private session, $18 **Wed.** 4/2 only. 7–8 PM, Bldg. E, $35/$30 Y members, 885-0460

Writing to Be Published & Performed. Gaining motivation, power in fiction, drama. Beg/Adv. Discover your individual vision. **Wed.** 6–8 PM, Bldg. C, $25. 673-7810

Personal Film for Women: Making the Inner Outer. Technique & inspiration of personal filmmaking. Equipt. provided, no exp. req'd. **Tues.** 4/8 6:30–8 PM 4/15, 22, 29 6–8 PM, Bldg. C, $35/series + lab fees. Preregister 658-6969

Poetry Film Workshop continuing BASIC FILM WORKSHOP. Short S-8 production, animation, documentary, nature & poem scenarios. **Sundays** 2–5 PM, Bldg. D, $5. Please confirm. 921-4470

Martial Arts

Tai Chi Chuan. Sifu Fong Ha. Complete classical forms with emphasis on meditative aspects. **Tues. & Thurs.,** 7–9 PM, Bldg. C, $35/mo. 524-4718 (ongoing).

Tai Chi Chuan. Barbara Riddle. Chinese system of exercise to stretch the body & calm the mind. **Mon.,** 6–8 PM; **Thurs.,** 6–7 PM, Bldg. C $24/mo. 668-6207. 4/1 ongoing.

Jing-mo, Northern Shaolian Kung-fu. Jack Man Wong. Shaolian Kung-fu & Tai-chi for health & self-defense. **Wed. & Fri.,** 6–8 PM; **Sun.,** 10 AM–Noon, Bldg. C, $25/mo. 564-0855. (ongoing)

Performing Arts

Development of New Playwrights. Open wkshp for playwrights & directors. Coord. by Teresa Baum. **Tues.** 8–10 PM, Bldg. B, 776-8999.

Flamenco & Classical Guitar. Daniel Maya teaches fundamentals of Segovia method. **Sun.** Beg.: 10–11 AM; 11–Noon, Bldg. C, $40/$35 Y Members. 885-0460 (thru 5/10)

Pantomime & Circus Technique Wkshp. Michael Hennessy teaches basic tech. of mime & clowning, manipulations, juggling, unicycle & rope spinning. Ages 13 & over. **Mon.,** 6–7:30 PM, **Sat.,** 10–11:30 AM Bldg. C, $25/6 classes, $5/1 class. 885-0460

Mask Theatre & Mime. Fundamentals & Tech., exercises & improvs. 4 days a week for 7 weeks with Annikki Moore. 4/14 thru 5/29 **M,T,W,Th.** 9:30–Noon Bldg. C, $140 474-7966

Improvisation Techniques Workshop. Exer., Tech. & Perfor structures to develop skills. Beginners or review. **6 Wed.** 7–10 PM, Bldg. C, $45/$40 advan. Sue Walden, 771-1046 (4/30–6/4).

Introduction to Mime Technique. Explore basic vocab. & syntax of theatrical movement thru studies, improv & discussion. Institute for Mimetic Studies. **Sun.'s** 2–5 PM, Bldg. C, $20/3 wks. 826-4361

Acting Class with Jonathan Stutz who directed at Marine Theatre and studies with Lee Strasberg. Weekly assignments & scene work. **Sat.'s** 1–4 PM, **Mon.** 8–11 PM Bldg. C, 12 weeks/pro-rated. 549-2063.

Musical Theatre Jazz Dance. Don Weissmuller teaches basic steps, walks, jumps, leaps and combos every **Thursday** from Noon to 1 PM Bldg. C, $23/$19 Y Members 885-0460.

Tap Dance. Donald Weismuller. Time steps, rhythms, riffs, routines. **Wed.,** Beg.: 6:30–7:30 PM; Adv. Beg.: 7:30–8:30 PM, Bldg. C, $23/$19 Y Members 885-0460

Brecht Scene Study. Detailed work on characters & scenes from Brecht. Teacher Richard Seyd. **Mon. & Fri.** 4–7 PM, Bldg. B, $160. 776-8999

Mime Composition—How to create a mime sketch. Taught by Ron Leeson. **Mon, Wed, Fri** 10:30–12:30 PM Bldg. B, $125. 731-1657

Irish Country Dance Lessons. Covers basic footwork & about 10 dances. **Wed.** beg 4/9 6:30–7:30 PM (Int) 7:45–9:00 PM (Beg) Bldg. C, $15/series. 386-6437

Children's Classes

Creative Movement for Children. Kathy Leavelle, A dance class to build confidence and creativity. Ages 5–8. **Mon.,** 4–5 PM, Bldg. C, $3/class. 824-3079. (ongoing)

SF Children's Art Center. Instruction in painting, drawing, sculpture & printmaking; individual attention to each child's development. Bldg. C, Call 771-0292 for schedule. (ongoing) Spring session Beg. 4/22.

Polynesian Dance, Raymoki Engler teaches Hawaiian, Samoan & Tahitian dance. All ages. Children, 5–12, **Tues/Thur** 4–5 PM, $18, 885-0460

Ecology & Self-Reliance

Shambala Training Meditation Program. Instruction, practice, lecture. **Fri.** 4/11–**Sun.**4/13, **Fri.** 8–10 PM, **Sat & Sun** 9 AM–10 PM, Bldg. B, $35. 841-6475

Classes/Announcement. Oceanic Society offering Sail Training Classes for members. For info please call 441-5970.

"Arctic" Monday Night Lecture. Dr. Frank Gress will compare and contrast the Arctic & Antarctic. **Mon.** 4/7 7:30–9:30, Bldg. E, $1. 441-5970

Celestial Navigation with the Oceanic Society. This class teaches the amateur Skipper the ancient, inexpensive method. **Sat** 7–10 PM, Bldg. E, $85/$75. 441-5970

Whale Watch '80. The Oceanic Society's boat trips to watch the southern & northern migration of the Gray Whale: 2½ hr trips out of Half Moon Bay; 8 hr trips out of SF & Monterey. **Fri/Sat/Sun/Mon.** For info call 775-6880 $15 to $45. Ask for Dorcy.

Savonius Wind Generator Wkshp. Make electrivity yourself for about $150. **Sat** 4/5, 12, 19 9–12, 1–4 Bldg. C, $15/series. 673-7198

How to Buy Your Own Home. Practical, thorough information by a successful realtor & real estate investor. **Mondays,** 6–8 PM, Bldg. C. $30/$25 Y Mem. 885-0460. (4/7–4/28)

Housebuilding, Remodeling. Two courses in how to build & remodel your home. Housebuilding, 4/14–5/28, 8–11 PM, Bldg. B, $200—Remodeling, 4/14–5/21, 8–11 PM, Bldg. C, $150. 1st Class Free. 848-5950

Home Design Class for folks who want to design their own home. Owner/Builder Center helps you get to the point of having plans drawn. **Mon & Wed** 7–9 PM Bldg. C, $150 848-5950

Eckankar presents **Your Right to Know.** A revealing approach to unlimited creative and spiritual potential 4/11 & 4/25 8–10 PM, Bldg. C, **Free** 664-0766

French for All. Suzette Ross teaches French using a direct audio-visual method with phonetics, films & tapes. **Tues. & Thurs.** 6–8 PM, Bldg. C, $5.50/class 673-8324.

Journeys: Women's Quests Toward Selfhood. Journey back in time to reclaim our ancient models of strength. **Mon.** beg. 4/7 6–8 PM, Bldg. C, $35/4 classes. 548-5428

Words & Images: self expression through the journal. Tues. beg 4/9, 8–10 PM, Bldg. C, $35/4 classes. 849-2180

Sensory Awareness. A practice for rediscovering & reviving fuller sensory functioning. 2 wkshps: 6 **Wed. morn.** 10–12, 4/16–5/21; 6 **Wed. evenings** 7–9. 4/16–5/21 $60/workshop. Richard Lowe & Bill Littlewood every **Sat** in Apr. 10–12, $5, Bldg. C.

Auto Fuel for 43¢ per gallon. Down w/Big Oil & OPEC! Sec. A, **Sat.** 4/12, 19 1–6 PM, Sec B, **Sun.** 4/13, 20 10–3 Bldg. C, $45/workshop. 621-6338

Sorting It Out-SHEKINAH presents four lectures, **Personal Integrity & the Spiritual Quest** (4/3); **Spiritual Transition & Crisis** (4/8); **Gurus & Masters** (4/15); **Spiritual Communities & organ.** (4/22) 8–10 PM, Bldg. C, $4. 524-1559.

Henry George School of Social Science: THE SCIENCE OF POLITICAL ECONOMY. An inquiry into the principles of political economy. **Tues** beg 4/10 8–10 PM, Bldg. C, free. 362-7944.

Drop-In

Environmental Art Gallery. Photos of East African wildlife by Morgan Cowin 4/1 to 4/30. Mon-Wed. 9–5; Tues-Thurs. 9–7. Closed 12–1, Bldg. C **Free** 474–5080

Cuban Graphic Art Exhibit by Diana Reiss. 4/1–6/30. 10–5 pm, Bldg. B, **Free** 776–8990

Paintings by Jerry Concha at SFMMA Rental Gallery. Tue-Sat. 11:30–35:30. **FREE** 441–4777

Paintings by **Dimitri Mitsanas.** Exhibited under the auspices of the Consul of Greece. Through April 24, Bldg. A 441-5706